



Fall Sports

High School

Football:

- ❖ **Head Coach:** Stephen Hemming shemming@triviumprep.org
- ❖ **Start Date:** Monday July 25th
- ❖ **Practice time:** M-F 5:15PM-7:15PM, Sat 8:30AM-10:00AM
- ❖ **Location:** Trivium Football Field

Volleyball

- ❖ **Head Coach:** Beth Wilson bwilson@triviumprep.org
- ❖ **Start Date:** Tryouts August 8-11 3:00-5:00PM
- ❖ **Practice time:** Varsity M-F 3:00-5:00PM, JV 5:00-7:00PM
- ❖ **Location:** Trivium Prep Gymnasium

Cross Country:

- ❖ **Head Coach:** Manuel Williams- manuelwlms@yahoo.com
- ❖ **Start Date:** Monday August 8th
- ❖ **Practice time:** Monday-Thursday 5:30PM-7:00PM
- ❖ **Location:** Will start at the school

Swim

- ❖ **Head Coach:** Owen Davis- davis.owen0518@gmail.com
- ❖ **Start Date:** Monday August 8th
- ❖ **Practice Time:** Monday-Friday 4:45PM-6:45PM
- ❖ **Location:** Loma Linda Pool