# Welcome to Freshman Night

TRIVIUM

#### What We Want to Share with You

- Our Goals
- How to be the best student possible
- The Holistic Approach
- EFC Expected Family Contribution
- Summers make them meaningful
- College Visits
- PSAT

## College Counselors Goals

- Provide a value-added service to our students
  - Two college counselors
  - Focus is 100% on college counseling
- Help students keep as many options open as possible
- Guide students to finding a good fit
- Provide milestones and steps for each grade
- Keep

# Be The Best Student You Can Be START STRONG

- Commit to further developing your own personal love of learning
- Utilize tutoring
- Go to every class prepared
  - Have questions ready
  - Annotate and constantly ask yourself "why?"
  - Be engaged
  - Participate to get the most out of every class
- Create a quiet study space
- Schedule time each day to study
- Don't get behind

### The Holistic Approach

- It's not just about the grades!
- Consistency shows tenacity and commitment
  - Stick with your sport
  - Continue studying your instrument
  - Stay committed to Boy/Girl Scouts
  - Get more involved with your church group

## The Holistic Approach

- Try new activities and get involved
  - Sports
  - Mentorship
  - Student Life
  - Community Service
  - Church groups
  - Girl/Boy Scouts
  - Music
  - Theatre
  - Art

# **EFC** – Expected Family Contribution

- What is an EFC?
  - The amount the federal government believes you can contribute to your child's education
  - Determines need-based federal student aid
- Do you know your EFC?
- ▶ If yes, great!
- ▶ If no, now is a great time to determine what it is
  - Financial advisor can provide this information
  - Contact HEFAR 602-396-7840 or Monica Felton 602-903-3988
- Financial Aid night is October 5th

### **Summers**

- Make them meaningful
  - Take a summer class
    - Does not have to be academic
    - Take something you are interested in learning about
  - College program
  - Summer Camp
  - Work
  - Volunteer
  - Travel
- Plan your summers
  - Be intentional
  - Stick with the same activity
  - Do something different each summer

# **College Visits**

- Start thinking about them now
- Consider visiting one large school, one mediumsized school, and one smaller school
- The value of college visits
  - Help determine if it is a good fit
  - Identify what types of schools might be good fits
    - Large, medium, small
    - Urban, suburban, rural
    - STEM, liberal arts, religious affiliation
- Try to fit a college visit into a vacation

#### The PSAT

- Standardized test similar to the SAT
- Great prep for the SAT
- No need to prepare
  - Get a great night's sleep
  - Eat a nutritious breakfast
  - Bring a calculator and multiple number 2 pencils with clean erasers
- Great opportunity to get a baseline

### What You Can Do

- Help us help you
  - Keep options open by being the best student possible
  - Come by our offices and introduce yourselves
- Get involved
  - Continue with activities you are currently doing
  - Try something new
- Parents determine your EFC
- Start thinking about what you would like to do next summer
- Try to get in a few college visits
- Don't forget to take the PSAT on October 25, 2017